

Course Code	Title	
19U4NM3GTS	Non-Major Elective : Gandhian Thoughts	
Semester: III	Credits : 2	ESE: 50 Marks

**Course Objective:** To make them understand the philosophies of Gandhi better and fulfill their duties and responsibilities towards the society.

**Course Outcome :** To upgrade the knowledge and skills of the students in Gandhian Thoughts and to encourage patriotism among the new generation, to put light on social issues and value of life.

### Course Content

Instructional Hours/Week: 02

Unit	Description	Instructional Hours
I	<b>Educational Philosophy of Gandhiji :</b> Definitions on Education - What is True Education? - Gandhiji's New Scheme of Education - Wardha Scheme of Education - Main Aims of Gandhian Education - Why Gandhiji's Scheme of Education was Called 'Basic Education?' - Features of the Wardha Scheme of Education - Features of Basic Education - The Methodology of Basic Education - The Content of Basic Education - Routine Work of a Basic School	6
II	<b>Gandhian Concept of Correlation of Studies -</b> Technique of Correlation - The Place of Teacher in Basic Education - Merits of Basic Education - Educational Scenario after Independence - Influences of Gandhiji on Education Commissions - Basic Schools in the Present Society - Education for Peace – A Gandhian View - Why Basic Education is called a Holistic Model	6
III	<b>Gandhiji's View on Truth and Non-Violence :</b> Gandhiji's Words about Truth - Meaning of Truth, Truth is God - Truth and God - The Importance of Truth in Human Life - Absolute and Relative Truth - Realisation of the Self - Liberation.	6
IV	<b>Mahatma Gandhi's Views on Women :</b> Status of Women in Pre Independence India - Gandhi's Perception of Women - Role of Women in Family – Perception of Gandhi - Value of Equality - Women in Politics - Gandhiji's Vision to Abolish Social Evils against Women - Role of Women as Envisaged by Gandhi.	6
V	<b>Gandhiji's View on Democracy (Gram Swaraj) :</b> City and Village - Gram Swaraj - Critique of Industrialisation - Critique of Machinery	6
		<b>Total Hours</b> 30

### Text Book(s):

1. "Gandhian Thoughts", Compiled by Nehru Arts and Science College.

Course Designed by	Verified by	Checked by	Approved by
		(Dr. K. Selva Vinayaki) Convener CDC	Nehru Arts and Science College Nehru C



Course Code	Title		
18PGSWE201	Elective Paper- II A - Human Rights and Social Legislation		
Semester : II	Credits : 4	CIA : 25 Marks	ESE : 75 Marks

**Course Objective:**

To understand the human rights and the social legislation.

**Course Outcome:**

CO1	Understanding the legislations in human rights.
CO2	Applying the Knowledge of social legislation.
CO3	Understanding the rights for target population
CO4	Evaluating the planning machineries at the state and central level
CO5	Knowing the legislations available for HR

Offered by: Dept of Social Work

**Course Content**

Instructional Hours / Week:4

Unit	Description	Text Book	Chapter
I	<b>Human Rights (HR):</b> Definition and Classification Civil and Political Rights, Socio Economic and Cultural Rights. Universal Declaration of Human Rights.	1 1	1 1
<b>Instructional Hours</b>		<b>12</b>	
II	<b>Constitution and HR:</b> Indian Constitution and Relevant Articles relating to HR. The protection of Human Rights Act 1993. State commission for women, State commission for Minorities. National HR Commissions, National SC/ST Commissions, National commission for Women.	1 2	2 4
<b>Instructional Hours</b>		<b>12</b>	
III	<b>HR for target population:</b> Physical, Visual and Mentally Handicapped. AIDS victims, Refugees, War victims, Prisoners, Custodial Violence, Women and Children, Senior Citizens and Work situations.	2 2	3 4
<b>Instructional Hours</b>		<b>12</b>	
IV	<b>Social Policy:</b> Definition, need, evolution and constitutional base; Sources and instrument of social policy. Social Planning and Social Development-Meaning of social planning, community planning and community participation. Planning machineries at the State & National levels. <b>NITI Aayog and Social development:</b> Concept and indicators, social change and social development in India.	3 3	3 4
<b>Instructional Hours</b>		<b>12</b>	

V	Social Legislations: Salient Features of Child Labour Act, Right To Information Act, Suppression of Immoral Traffic Act and Prevention of Immoral Trafficking. Domestic Violence Act.	2	5
		3	2
<b>Instructional Hours</b>		<b>12</b>	
<b>Total Hours</b>		<b>60</b>	

**Text Book(s):**

1. Arun Ray, **National Human Rights Commission of India**, Khama Publishers Delhi, 2004.
2. Debadutta Chaudhury S.N Tripathy, **Girl Child and Human Right**, Anmol Publication Delhi, 2005.
3. Dr. D.R. Sachdeva, **Social Welfare Administration**, Kitab Mahal Agencies, Allahabad, 2006.

Unit I : Text Book 1, Chapter 1, Page No: 42-50.

Unit II : Text Book 1 and 2, Chapter 2 and 4, Page No: 31-63.

Unit III: Text Book 2, Chapter 3 and 4, Page No: 336 – 340.

Unit IV: Text Book 3, Chapter 3 and 4, Page No: 280-289.

Unit V : Text Book 2 and 3, Chapter 5 and 2, Page No: 112- 142.

**Reference Book(s) :**

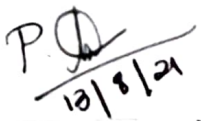


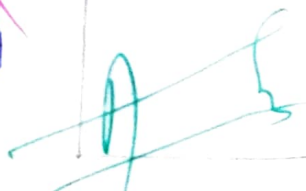
1. Alston, Phillip (ed.), **The United Nations and Human Rights: A Critical Appraisal**, Oxford: Clarendon Press, 1992.
2. Baxi, Upendra, **The Future of Human Rights**, New Delhi: Oxford University Press, 2002.
3. Bhagwati, P.N., **Dimensions of Human Rights**, Madurai: Society for Community Organization Trust, 1987.
4. Donnelly, Jack, **Universal Human Right in Theory and Practice**, Ithaca: Cornell University Press, 1989.
5. Dube, M.P. and Neeta Bora, **Perspective on Human Rights**, New Delhi: Anamika Publishers, 2000.
6. <http://www.un.org/en/sections/issues-depth/human-rights/>  
S – Strong; H- High; M – Medium; L- Low.

**Tools for Assessment (25 Marks)**

CIA I	CIA II	CIA III	Assignment	Role Play	Compulsory Seminar	Total
5	5	6	3	3	3	25

**Mapping**

CO / PSO	PSO1	PSO2	PSO3	PSO4	PSO5
CO1	H	L	M	L	L
CO2	L	H	H	M	H
CO3	H	L	M	L	H
CO4	H	L	M	L	M
CO5	H	L	M	L	L

COURSE Designed by  13/8/21 (Dr. P. Nathiya)	Verified by HoD  13/8/21 (Dr. P. Nathiya)	Checked by  Convenor CDC	Approved by  6 AUG 2021
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Course Code	Title		
18U4HVV201	Value Education : Human Values and Yoga Practice I		
Semester: I & II	Credits: 2	CIA: 25 Marks	ESE: 25 Marks
(Common to all UG programmes)			

**Course Objective:**

- To help the students appreciate the essential complementarity between 'values' and 'skills' to ensure sustained happiness and prosperity, which are the core aspirations of all human beings
- To prepare and distribute standardized Yoga teaching and training materials with reference to institute health

**Course Outcomes (CO):**

CO 1	To inculcate in students, a sense of respect towards harnessing values of life and spirit of fulfilling social responsibilities.
CO 2	To inspire individuals to choose their own personal, social, moral and spiritual values and be aware of practical methods for developing and deepening.
CO 3	To inculcate cultural behavioral patterns
CO 4	To understand physical body and Health concepts

**Course Content**

Instructional Hours / Week: 1

Unit	Description	Instructional Hours
I	Human Values-Introduction-Definition of Ethics and Values-Character and Conduct - Nature and Scope of Ethics.	6
II	Individual and Society-Theories of Society-Social Relationships and Society-Empathy: Compassion towards other being -Environmental Ethics and Nature.	6
III	Cultural Education - Purity India - Patriotism - Time management. Greatness of Womanhood - Food is medicine- Individual peace -World Peace.	6
IV	Power of Meditation- Development of mind in stages - Mental Frequencies - Methods for Concentration - Meditation Practices - Surya namaskar.	6
V	Simplified Physical Exercise – Kayakalpa Practices - Training for Potentialising the Mind.	6
<b>Total Hours</b>		<b>30</b>

**Textbook:**

- "Value Education", compiled by Centre for Human Excellence, Nehru Arts and Science College.

Course designed by	Verified by	Checked by	Approved by
V. Shanmuga			
Dr. Selvarajayya Convener WDC Nehru Arts and Science College (Autonomous) Thirumalayampala, Thiruvananthapuram - 611 025			